

DSA
welcomes
our new
partners

Sylva Yoga
Blew Glass Studio
It's by Nature
Gallery One
Lily's Treasures
Yesterday's Tree
Nichols House
Dodle's Auction & Realty
Ironstone grill
Sylva Office Support

Thank you
for all your
support!

Gallery One opens the season
March 6th at 6:00 pm
Images and Words Exhibit
Photos by Anna Fairello



APRIL 25, 2009
10:00 AM - 5:00 PM
CHECK OUT
WWW.DOWNTOWNSYLVA.ORG
FOR MORE INFORMATION

Bubacz's Underground introduces its new web page - www.sylvaunderground.com. Find menus, order and pay for coffee online. Buy for your friends in far away places and we will **ship for free**.

New Spring menus available in early March, appearing first on our web page. Watch the DSA web site for the announcement for when they are available.

ARF Fundraiser at Restaurant 553

March 27th
Come enjoy a silent auction hor d'oeuvres and wine. All proceeds from the event will benefit ARF.

\$15 admission to the event

Benefits of supporting your Local Community

- Shop Local** 1. Personal service and expert advice
- Build Local** 2. Money spent locally stays in our community, circulating multiple times making our businesses and community strong
- Dine Local** 3. Stimulates the development of local talents
- Give Local** 4. Invests in entrepreneurship
- Design Local** 5. Growth in local economy = more local jobs
- Read Local**
- Invest Local**
- Play Local**

Let us know how supporting your local community works for you. Email your thoughts and ideas to info@downtownsylva.org

Sylva Yoga presents

HELP THE ANIMALS * HELP YOURSELF
Saturday March 14, 2009

All Proceeds Donated to ARF and Catman

Donate what you can. Come to any or all classes.

Sylva Yoga is located above Lulu's - In Downtown Sylva
Tracy Chapple, MA, RYT * Radka Todorova, RYT *
Laura Elliot, CHTP

- 11-11:45 All Levels Yoga with Tracy
- 12-12:45 Mindfulness Meditation with Tracy
- 1-1:45 Beginning Yoga with Radka
- 2-2:45 Back Care Yoga with Radka
- 3-3:45 QiGong with Laura
- 4-4:45 Expressive Art with Laura

For more information: 828-506-8909 * www.sylvayoga.com

Beer and Food Pairing at Heinzelmännchen Brewery,
March 6, 5-8 p.m. Mill and Main Restaurant will be serving up a variety of their delicious pizzas, we'll pair a Heinzelmännchen Beer for this pizza and beer sampling!

Luck of the Irish

March 17-21

Anything GREEN in the Brewery will be on sale
(Growlers and dips excluded)